

VOYA FACIAL TREATMENTS

SELF DISCOVERY RADIANCE FACIAL

This skin type-specific ocean inspired organic facial is deeply detoxifying, thoroughly revitalizing and helps to smooth skin tone and increase clarity. *Self-Discovery* incorporates a relaxing facial massage used with seaweed products to release any build-up of toxins and toxic micro particles, to repair and nourish any skin cells damaged by pollution and chemical exposure. You will be left with a revived glowing, yet non-greasy complexion that is both enriched and strengthened.

Allow VOYA to tailor your facial specifically to your skin's unique needs. In the comfort of the treatment room, we will go through a comprehensive skin analysis and choose specific facial products to target your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced.

Choose from;

PURIFYING FACIAL (OILY/COMBINATION SKIN)	55 MINUTES
ULTRA CALMING FACIAL (SENSITIVE SKIN)	55 MINUTES
INTENSIVE HYDRA VEIL FACIAL (DRY SKIN)	55 MINUTES

ANTI-AGING RESTORATIVE FACIAL

70 MINUTES

This treatment is suitable for all skin types, particularly for those in search of anti-aging results. The anti-aging restorative facial is made using VOYA's finest organic ingredients combined with anti-oxidant algae complexes and a restorative blend of aromatherapy oils. This mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This facial results in instantly firmed and tightened skin with a natural and more radiant glow.

DELUXE FACIAL EXPERIENCE

90 MINUTES

The ultimate VOYA facial experience, this treatment allows guests to experience the best of what VOYA has to offer. The treatment starts with a relaxing back massage to induce relaxation and gently melt away muscular pain. This is followed by a 70 minute results driven hydrating and purifying facial. This facial contains a 20 minute massage to deeply hydrate the skin along with dual action facial mask, utilizing the exclusive re-mineralizing, Mermaid's Purse face mask and *Laminaria* seaweed leaves. This facial leaves the skin rejuvenated and hydrated, the appearance of deep set wrinkles is reduced and the skin's texture is left hydrated and plumped. This is the crème de la crème of all facial experiences.

MARINE EYE TREATMENT

45 MINUTES

Using organic *Laminaria Digitata* seaweed eye compresses, which are hand-harvested from the wild Atlantic Ocean, this is a unique treatment for refreshing and rejuvenating tired eyes. Combining both relaxing and decongesting lymphatic massage movements to banish puffiness and dark shadows, we also use specialized eye masks for those individuals who are specifically concerned with ageing around the eye area. This is a firming, hydrating and results -orientated treatment that uses specific products rich in seaweed extract, green tea and vitamin C, to help reduce the appearance of fine lines and decongests the eye area.

INTENSE DEFENCE FOR MEN FACIAL

55 MINUTES

Exclusively created for men's specific skincare needs, this powerfully effective treatment exfoliates the skin with bamboo spines, enabling a deeper cleanse. The client will enjoy a soothing face and scalp massage, where VOYA's seaweed leaves and Mermaid's Purse mask are used to soothe even the most sensitive of skin. Fantastic for those affected with shaving rash, razor burn or ingrown hairs; the skin is left hydrated, fresh and mattified.

AHA PEEL –RESURFACING RADIANCE FACIAL

40 MINUTES

A highly effective resurfacing facial that targets congested lackluster and dull skin. Using a combination of seaweed extract, naturally derived glycolic acid and lactic acids with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow. Our advanced exfoliation treatment assists in diminishing fine lines and reducing size and will brighten the skins appearance.

VOYA BODY SCRUBS

LUSCIOUS SALT GLOW

55 MINUTES

Luscious Salt Glow is infused with Dead Sea salts and organic seaweed oil, a combination which hydrates the skin, stimulates blood and lymph flow while firming skin tone and increasing lustre. It can remove dull skin and refine skin texture.

ORGANIC LAVENDER & SEAWEED SUGAR GLOW

55 MINUTES

A wonderful fragrant mix of lavender oil, seaweed and sugar this treatment has a double action of gently removing dead skin cells with sugar and healing with the seaweed extracts and lavender essential oil.

ORGANIC PEPPERMINT & SEAWEED SUGAR GLOW

55 MINUTES

This refreshing and all-over exfoliation treatment awakens the skin and body. It features a beautiful mix of organic peppermint leaf, seaweed and sugar, all of which perform the double action of gently removing dead skin cells while introducing you to the uplifting effects of our peppermint essential oil.

ORGANIC HYDRATING BODY SCRUB

55 MINUTES

Our dual action lathering body buff exfoliates with finally ground walnut shells and nourishes your skin with a blend of almond oil, seaweed and ginger extracts. Our gentle yet effective formula removes rough and lifeless looking skin cells, to reveal much more refined softer, silky smooth skin.

ORGANIC STIMULATING SEAWEED BODY BUFF

55 MINUTES

Letting us scrub your body head to toe with certified organic bladder wrack body buff (*Fucus Vesiculosus*) is the ultimate treat for tired and dull skin. The anti-oxidants from our mineral-rich bladder wrack seaweed combines with VOYA's signature seaweed massage oils to offer a powerful organic way to better skin.

VOYA BODY WRAPS

ORGANIC SEAWEED LEAF WRAP

90 MINUTES

Unlike any other seaweed treatment, this truly amazing detoxifying therapy uses organic seaweed leaves to scrub and wrap your body, and is excellent in conjunction with a weight loss programme. Beginning with a bladder-wrack body buff, this treatment detoxifies firms and softens the skin. The whole body is then covered in Laminaria Seaweed leaves for instant results. Completed with an application massage of 'Softly Does It' to nourish and soften.

ORGANIC OCEAN ESSENCE TOTAL BODY WRAP

60 MINUTES

Combining the detoxifying power of *Fucus Serratus* and cellulite-reducing abilities of this treatment stimulates the blood and lymph flow, detoxifies and hydrates the skin and encourages the renewal of skin cells. It is an excellent skin rejuvenator, combating cellulite and fatigue and producing a moisturizing effect.

ORGANIC TANGLE ME UP BODY WRAP

60 MINUTES

This wrap hydrates and relaxes tired and lethargic muscles, and relieves stress and fatigue. It also tones and firms the skin and helps against the signs of aging and cellulite. Its anti-oxidant compounds help to protect against cell damage from the environment and pollution. This treatment includes full body brushing to increase circulation and to aid penetration of the potent seaweed gel.

ORGANIC WARM SPICED MUD WRAP

75 MINUTES

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the wrap. The extract is rich in potent anti-oxidants and minerals. Definitely for the results-conscious client, this wrap has immediate and noticeable effects on the skin, including firming and toning. The treatment is also a serious detoxifier, metabolism stimulator and a natural anti-aging boost. Infused with aromatic spices of ginger and orange to revive the senses.

VOYA BODY MASSAGE

ORGANIC MUSLIN BAG

90 MINUTES

A real sensory treat, warm steamed bags of orange, clove, ginger and *Fucus Serratus* seaweed are gently massaged into the body releasing the precious seaweed oils. We use a combination of the finest organic ingredients & seaweed to massage your body, to gently exfoliate and nourish your skin.

VOYAGER MASSAGE JOURNEY

90 MINUTES

A complete top-to-toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that echoes the movement of the sea combining both gentle and stimulating movements. This is ultimate luxury treatment to relieve aches and pains, tailored to individual needs.

Chooses from:

Uplift – Angelicus Serratus

Relax- Mindful Moments

Muscle Relief – Ginger Chai

MINDFUL DREAMS

75 MINUTES

Mindful Dreams is a relaxation treatment that offers luxury and comfort in an incomparable sleep encouraging experience. Be ready to have all stresses and strains melt away in this ultimate sensory treat help you achieve the perfect night's sleep. Incorporating products especially chosen for their soothing properties, alongside sleep inducing cultural massage and meditation techniques, this wellbeing-focused treatment induces instant tranquility and fosters inner calmness and serenity.

VOYA HAND & FOOT RITUALS

ORGANIC FOOT RITUAL

45 MINUTES

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation from the knees down. This is followed by a deeply relaxing massage of the lower legs after which your legs, are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and revive tired feet and legs. To complete this treatment, nourishing 'Softly Does It' is applied.

ORGANIC HAND RITUAL

45 MINUTES

To nourish, recondition and refine your hands, you will first enjoy a 'Time to Shine' exfoliation from the hand to elbow. This is followed by a deeply relaxing massage of the hands and arms, after which your hands are wrapped in warmed Atlantic seaweed leaves to hydrate, increase circulation and condition dry hands. To complete this treatment, nourishing 'Handy to Have', hand cream is applied.

VOYA BATH TREATMENTS

LAZY DAYS DETOX SEAWEED BATH

45 MINUTES

Submerge your body into a bath of organic, hand-harvested Atlantic seaweed (*Fucus Serratus*) to remove unwanted toxins and alleviate aches and pains. This bathing ritual is the simplest and purest of all organic treatments. With its organic status approved by the IOFGA. Lazy Days utilizes the natural power of organic hand-harvested seaweed to deeply moisturise the skin, increase circulation and promote healing. The renowned '*sailors cure*'.

ORGANIC WARMED SPICED MUD BATH

45 MINUTES

Peat baths were traditionally used for a variety of skin and rheumatic conditions. It offers a potent detoxification, due to its trace elements, vitamins, lipids, polyphenols and humic acids from Irish peat. Infused with organic seaweed extracts, it assists in reducing the appearance of cellulite and combats the signs of aging. This dark, deep relaxing bath can also soothe muscular aches and pains, relieve stress and fatigue, energize mind and soul.

ORGANIC SEAWEED AROMA BATH SALTS THERAPY

45 MINUTES

A relaxing bath soak with a blend of VOYA organic essential oils, organic lemon, lime, clove, basil, mandarin and patchouli, combined with bath salts. This is a wonderful aromatic bath treat prior to further VOYA treatments.

VOYA MUM TO BE TREATMENTS

ORGANIC PRENATAL VOYAGER

90 MINUTES

A relaxing organic wellbeing ritual promotes relaxation and a sense of tranquility while deeply hydrating and nourishing your skin. A full body exfoliation will gently buff the skin, leaving you feeling radiant and renewed. Nourishing Mama Oil is used to gently ease stress and tension with a top to toe body, face and scalp massage. Melt away the aches and pains associated with pregnancy and feel comfortably cocooned, supported and restored.

ORGANIC PRECIOUS MOMENTS

55 MINUTES

A VOYA's Organic Precious Moments treatment is tailored specially to Mum and her growing bump.

The growing bump is enveloped in a specialized mask helping to support connective tissue and prevent stretch marks.

Your feet will be wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage and reduce fluid retention. The hydrating organic masks work their magic while Mum enjoys a beautifully relaxing face, hand and arm massage. This is the perfect rejuvenating treatment to support the wonderful journey to motherhood.